

Family Infant Toddler Program (F.I.T)



Who Are We

- ▶ F.I.T is apart of the Behavioral Health Department at YKHC
- ▶ We provide Early Intervention Services, Family Service Coordination, Occupational, Physical and Speech Language Pathology Services
- ▶ Located at 837 State Highway, Bethel, AK 99559
- ▶ We serve 56 villages in the region

Family Infant Toddler Program Facts

- ▶ The program is 100% voluntary
- ▶ Any child can be referred to F.I.T by: Parent, Caregiver, Physician, OCS and etc.
- ▶ There is a screening process that anyone can complete to determine if a child may need further evaluation where a child may show concerns in a particular developmental domain.
- ▶ The child will then be evaluated to determine eligibility for Infant Learning Program services

How is eligibility determined

- ▶ If a child has an identified condition or diagnosis that has a high probability of resulting in a developmental delay
- ▶ Must have a 50% or more developmental delay
- ▶ Informed Clinical Opinion Guidelines (Only if the child does not meet the criteria above)

Referral

- ▶ Discuss making F.I.T referrals with families so they will not be caught off guard when contact is made with the family.
- ▶ We will refer children who are 30 months and older to the local school districts and head start programs in the region
- ▶ Once we screen a child and screening tool indicates that the child is within their normal age limits the process does not continue. We will screen the child again in six months unless the parent/caregiver declines

What are we trying to accomplish

- ▶ Our goal is to educate parents/ caregivers to help their child reach his or her developmental milestones within the family routine
- ▶ The hope is to support families in what they consider to be important
- ▶ Help transition children from Part C (Infant Learning Program services) to Part B (Public School Special Education Services)
- ▶ Strengthening families is a very important part of our mission
- ▶ Social- Emotional development is a vital part of what we do
- ▶ We recognize the rich cultural aspect of the region and we strive to be respectful of that

Strengthening Families

- ▶ We want to strengthen families
- ▶ We want to see children and parents connect
- ▶ We want to see children in OCS custody reunite with their parents
- ▶ We want to incorporate cultural to promote family and community support

Collaboration & Partnership

- ▶ Here at F.I.T we want to collaborate with schools, organizations, and village communities
- ▶ By working together through communication and coordination
- ▶ This will better serve the children and their families
- ▶ Through our combined efforts we can help promote positive outcomes for children and families in the region

Questions

